



PARISH NEWS

JUNE & JULY 2021

MIDDLETON, NORTH RUNCTON & EAST WINCH

LILIAN'S NEW FUNDRAISING CHALLENGE

Prolific local fundraiser, Lilian Fisher, has embarked on another challenge.

Lilian, who lives in North Runcton, was for over 10 years the Poppy Appeal organiser for the Middleton Branch of the Royal British Legion. In that period, over £160,000 was raised for the Royal British Legion, including £1,200 which she personally contributed by completing a skydive in 2018. She was recognised for her fundraising achievements by winning the Fundraiser of the Year award at the KLFM Local Hero Awards in 2019.



This time she has been inspired by the Captain Sir Tom Moore challenge to do something linked to 100. She has challenged herself to do 100 laps of North Runcton cricket field, which her granddaughter has helped her measure at 0.33 miles per lap. She is doing the laps a few at a time, with the aim of raising at least £500

for charity. Lilian said "I think I should be able to manage 100 laps as I'm only eighty-one, but if all goes well I may do more!"

Her chosen charity for this latest challenge is the Queen Elizabeth Hospital Charitable Fund, which she feels is well worth supporting after all the hard work that staff have put in during the Covid 19 pandemic and continue to do.

She has a JustGiving page at which donations can be made easily and safely. The link is: <https://www.justgiving.com/fundraising/lilians-captain-tom-100-challenge>. There is also a collection box at the North Runcton Cricket Club clubhouse.

If you would like to make a donation directly to Lilian, she can be contacted by email at lilianfisher@talktalk.net or call 01553 841852. Alternatively, if you see Lilian walking round the cricket field, why not lend your support by joining her for a lap or two?

WELCOME BACK

It's good to be back in print having had to resort to "online only" versions for our last two editions. Let's hope that with the successful roll-out of the vaccine programme, life will gradually return to something more like normal over the coming weeks and months!

Please feel free to use these pages again to advertise your local events and groups. Contact details are on the back page.

Chris Hudson, Editor

Church Services in June & July

Sunday, 6 June

9.30am **W Winch** Holy Communion

Sunday, 13 June

10.30am **E Winch** Holy Communion

3.00pm **N Runcton** Holy Communion

Sunday, 20 June - Father's Day

11.00am **Middleton** Benefice Communion

Sunday, 27 June

9.30am **W Winch** Holy Communion

10.30am **E Winch** Morning Prayer

3.00pm **N Runcton** Evening Prayer

Sunday, 4 July

9.30am **W Winch** Holy Communion

11.00am **N Runcton** Morning Prayer

Sunday, 11 July

9.30am **W Winch** Holy Communion

10.30am **E Winch** Holy Communion

Sunday, 18 July

11.00am **Middleton** Benefice Holy Communion

Sunday, 25 July

9.30am **W Winch** Morning Prayer, Thanksgiving Service

10.30am **E Winch** Morning Prayer

11.00am **N Runcton** Holy Communion

WEBMASTER NEEDED FOR VILLAGE WEBSITE

East Winch and West Bilney villages

website is seeking somebody willing to fill the post of **WEBMASTER**.

The post is voluntary and involves the day to day management and editing of the village website.

Some computer knowledge is required but all editing is done in plain language - no complicated computer programming is involved.

For more information please-mail

Webmaster@eastwinchandwestbilney.co.uk

CORONAVIRUS VACCINE - GET ALL THE ANSWERS

The Covid-19 vaccination programme is the largest in the history of the NHS. If you have any questions about the progress of the programme or the safety of the vaccine you can find all the answers on the Norfolk and Waveney NHS Clinical Commissioning Group website:

www.norfolkandwaveneyccg.nhs.uk/covid-19-vaccination-programme

From that page you can also access a detailed FAQ document.

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Middleton Parish Council Chairman's Report

By Zach Wiles-Van Dyke

In May we held the annual Parish Council meeting, on Zoom, which started with the elections of Chair and Vice Chair, followed by the Trustees of the common land, Tree warden and the Foot paths and rights of way warden. Val Ward has kindly continued as Vice chair.

I'd like to take this opportunity to introduce myself as your new Chairman. My name is Zachary Wiles-Van Dyke. I live in Blackborough End and have lived in the village all my life. I have been on the Parish Council for around 4 years and take an active role. I am looking forward to attending the chairman networking sessions, working together with other Parish Councils. I'd like to thank Mick Porter on behalf of the Parish Council for his time as Chairman.

The Parish Council have now received a large amount of tree and hedge saplings from the Woodland Trust. Some volunteers have been recruited to help plant them on the playing field. We also discussed sowing wild flower seeds on the areas that have been left to grow a little longer. Hopefully this will attract more wildlife. Prices are being looked into.

The play equipment on the playing field is now open and the relevant Covid warning signs have been put in place. Unfortunately the playing field has seen a lot of vandalism and littering recently, including smashed glass and broken benches. If you see any antisocial behaviour please report it to the Parish Council and the police.

The grit bins at various locations in the parish have now been replaced.

The estimates have now been received for tidying up one of the allotments down The Alley and work is due to commence soon. This will be a great help in accessing the dyke and maintaining it in the future.

The fencing at the main allotment site on East Winch Road has been completed. It looks much tidier and the boundaries are much clearer. The Parish Council have seen an increase in interest

in allotments recently and have welcomed two new, very keen, allotment holders to the site after being on the waiting list for some time.

Our next Parish Council meeting is to be confirmed as at present it has been said that Zoom will no longer be acceptable and we are expected to meet face to face. This may change but the worry of meeting face to face is that we may struggle to accommodate many parishioners and adhere to social distancing should an issue arise that brings in a large amount of people.

Nar Valley Ornithological Society (NarVOS)



Our Indoor Meetings will now take place at the **Assembly Rooms, 1 Market Place, Swaffham, PE37 7AB** *assuming Covid restrictions have been lifted*

June

No public meeting

July

Terns and Seals

with Lyn Ibbitson-Elks
Wednesday 28th July, 7.30pm

Lyn is a NarVOS member and a conservation volunteer for many years, working with the RSPB, Norfolk Wildlife Trust and Friends of Horsey Seals. Lyn has been heavily involved with the breeding colonies of Little Terns and Grey Seals along the Norfolk coast and she is also a keen wildlife photographer.

We look forward to Lyn's presentation at our first 'normal' indoor meeting for many months - it will be good to be back!

Visitors most welcome at these meetings. Admission £4 on the night if you are not a NarVOS member.

For more information about this meeting or NarVOS call Ian Black on 01760 724092 or go to www.narvos.org.uk



UPWARD AND ONWARD FOR MAGPIE CENTRE

With the gradual lifting of lockdown restrictions, things have been getting back to normal for participants, staff and ponies at the Magpie Centre, home of West Norfolk Riding for the Disabled Association.

After many months of lockdown, riders were able to return early in May, and the smiling faces said it all.

Carriage driving resumed on 12 May, and Aynsley Calvert, aged 36, who has autism and has been riding and carriage driving at the Magpie Centre for more than 20 years, said: 'It was brilliant. I rode Ava out on a hack, and then I took Tonto out for a drive. I can't tell you how happy I am.'

Second pilot session of Equine Assisted Learning Therapy, in association with MIND, which is designed to help people with mental health issues, took place successfully in May, and the final session of this course is scheduled for June.

As restrictions regarding care homes are lifted, Magpie Centre volunteers will be visiting care homes to encourage residents and their carers to participate in Tea With a Pony mornings, in which care home residents, plus their carers, can enjoy tea, cakes and a chat, plus meet and greet some of our lovely ponies.

Also, participants will soon be able to visit the newly-constructed Sensory Garden, which is wheelchair-friendly, and provides scents, sounds and textures for participants to enjoy.

NORTH RUNCTON PARISH COUNCIL MINUTES

Copies of the minutes from North Runcton Parish Council meetings are available on the website:

www.northrunctonpc.norfolkparishes.gov.uk.

However, if you would like a paper copy sent in the post then please contact Rachel Curtis – Clerk to North Runcton Parish Council
Tel: 01553 673043.

FOUR TONNES AN HOUR!!!

Once again, North Runcton responded to the call for help. This time, to resurface the pathways at All Saints' Church with a fresh layer of pea shingle.

The paths were last resurfaced over a decade ago and had worn badly in places, especially over the last two wet winters.

Oh yes, four tonnes of shingle were duly laid in just one hour by nine volunteers aided by a supply Covid 19 safe catering by Allen and Gwenda Brown and Lynda Fuller.

The Parochial Church Council is very grateful to Middleton Aggregates, who kindly supplied the pea shingle.



Six of the hard working shingle shifting party.

Very many thanks to all.

Ken Matthews, Churchwarden

AROUND BRITAIN QUIZ WITH ALL PROFITS GOING TO THE POPPY APPEAL

If anyone enjoys cryptic quizzes then this might be just for you.

It can be downloaded from <http://counties.britishlegion.org.uk/branches/middleton/poppy-appeal> and all profits go to the local Poppy Appeal. The quizzes come out twice a year and will appear on this website along with the answers to the previous one.

EAST WINCH PARISH COUNCIL

By Nell Steele

At the time of going to press, our clerk has yet to finalise a meeting at the Village Hall, which will have been open for events since 17th May. This will be the first meeting open to the public for over a year. Meanwhile, we are attempting to ask as many parishioners as possible what they think about the proposed Eco Wellness Centre, as we are well aware that people opposing the application are more likely to make their views known than people in favour, and we want to present a picture which as far as possible reflects the views of our residents.

Please keep an eye on the Village Website and/or on the notices in the Post Office and on village notice boards for a notice giving the date, time and agenda for the next meeting.

MIDDLETON VILLAGE HALL REOPENS

Middleton Village Hall reopened from Monday, 17 May for groups.

Sanitiser and spray is available and risk assessments have been completed. Hopefully, as things improve, groups will feel able to begin meeting again.

We are encouraging windows to be opened when the hall is in use and social distancing kept to at the moment, as well as sanitiser used regularly.

Any groups who are ready to return please let me know (Tel: 01553 842149 or Email: pauline.petch1985@gmail.com) as I will need to go over the risk assessments with them to make sure they feel safe and able to meet again.

Pauline Petch

HOW TO REPORT FLY TIPPING

The Borough Council is responsible for dealing with fly tipping and have a new on-line reporting system. To report an incident of fly tipping, please use the following link:

<http://www.west-norfolk.gov.uk/default.aspx?page=21512>

Mobile Library Service Resumes

The mobile library service is now back in operation. The following guidance applies when visiting the mobile library:

- You will be required to wear a face covering when you visit the mobile library
- The mobile library will be operating on a one customer (or one household of up to 3 people) at a time basis to reduce the number of people inside
- Please remember to bring your library card with you
- We will ask you for your contact details for 'test and trace' purposes
- Hand sanitiser will be available for use on the way in and out and surfaces that are commonly touched will be regularly wiped down
- Returned items will be quarantined for up to 72 hours

The Mobile Library timetable for our area is once a month on **WEDNESDAYS** as follows:

9 JUNE & 7 JULY

North Runcton

The Green 10:05 - 10:20

Blackborough End

The Firs 10:30 - 10:45

Blackborough Green 10:50 - 11:00

Middleton

Oakdale/Village Hall 11:05 - 11:30

St Mary's Crescent 11:35 - 11:45

42 Hall Orchards 11:50 - 12:00

Fair Green

Park Hill Estate 12:05 - 12:20

Graham Drive 12:25 - 12:40

Paul Drive/Gate Inn 12:45 - 13:00

East Winch

Gayton Rd - Opp Windyridge 15:15 - 15:25

Town Close 15:30 - 15:50

Village Sign 15:55 - 16:05

Please be aware that the service may run a little late due to limiting the number of people on the mobile library through the day.



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NORTH RUNCTON ART GROUP



The Art Group is not currently meeting due to Covid & health concerns of the members.

However, if you would like any information about the Group please contact Janet 01553 841514.

ADVERTISE HERE

The Parish News is distributed free to households across Middleton, North Runcton and East Winch.

If you would like to advertise your business in the Parish News please contact David Gager by email at parishnewsadverts@gmail.com or by phone on 01553 278402.

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*According to figures from campaigntoendloneliness.org

West Winch Bowls Club



At long last and what seems to have been an eternity, the Bowls Club finally opened its Green for the 2021 season. The Opening afternoon was extremely well attended and everyone managed to get a game despite all the Covid restrictions; these being ably managed by Ken Manning, David Bull and Jim Grant. Prior to the afternoon bowls, Ken, David and Jim reported on the activities of the Committee during the closed season, and thanks were expressed to those who had worked on the Green, Pavilion and Administration throughout the winter months. The clubhouse has been refurbished with new light fittings, new window blinds, been redecorated and new a carpet fitted. Thanks are expressed to Dave Thompson & Son and Olympic Carpets for their generous donations.

The secretary, Kevin Evans reported that he had heard from the Middleton and Silver Jubilee league secretaries and they reported that these league will now commence in due course. No start dates have been received as yet. This means that the club will play in its usual four leagues. It is anticipated that fewer games will be played in all respective leagues as Covid restrictions are rigorously enforced for everyone's well being and protection.

Practice Roll Ups take place every Tuesday afternoon at 2pm and Thursday evening commencing at 6pm. These have been very well attended and clearly the cobwebs are quickly disappearing as bowlers regain their 'eye' after a long Covid layoff.

The club Singles and Pairs competition is soon to commence. Forms are on the notice board awaiting your completion.

The club is always keen to welcome and encourage new players, so if you are new to the village and have never played before, do 'pop' along and see what's it all about! Our only stipulation is that shoes without an heel are worn, as this is necessary to protect the Green. Woods (bowls) will be provided for those wishing to have a go!

The club strictly adheres to all the current government rules, regulations and guidelines that are in force at this particular time. Covid 19 still has quite an impact on sporting venues and facilities. We can only hope that things will get better and continued easing of rules will continue throughout the summer.

Finally, membership dues are now due and can be paid to the treasurer Jim Grant. Membership is being held at £17 for another year.

What could be more important to the God of children's development?



Churches Together in King's Lynn (CTKL) are hosting a public meeting about the work of the Children's Society.

Hannah Ratcliffe is the Relationship Manager of the Children's Society serving the East of England. We have provisionally booked Hannah to talk to an audience of Churches Together people at The London Road Methodist Church, King's Lynn PE30 5PU on **Wednesday evening 7th July 2021 from 7.30pm -9pm**. We can convert to Zoom closer to the time if the government have to reimpose Coronavirus restrictions.

Hannah will speak about **child mental health and the importance of the first year of life in child development**. Please put the meeting date in your diary if you wish to attend.

ST MARY'S CHURCH MIDDLETON



Church Clock Winders needed from Middleton Village as our current winders will be retiring soon.

If this appeals to you and you would like to volunteer, training will be offered.

For further details please contact Simon Leg on 07784 779935.

WILLIAM BURT SOCIAL CLUB

*Watering Lane, West Winch, King's Lynn, PE33 0JY.
Tel ~ 01553 841542*

COVID-19 UPDATE

***The William Burt Social Club reopened on
17th May 2021..!!***

As per the government guidelines, rules are in place i.e. seated groups of no more than 6 people, face coverings on entry, social distancing, etc., together with the use of hand sanitisers and other relevant safety measures.

From 21st June we are hopeful that all restrictions will be lifted, as per the government roadmap, and we will be able to open 'as normal'.

MEMBERSHIP

Existing Memberships...As Members have not been able to enjoy the club for some time, all 2020 memberships have been extended to December 2021..!!

New Memberships...we are delighted to offer new Members a discounted joining fee of £5 per person for the remainder of this year (until December 2021)...so if you've been thinking of joining for the first time or re-joining after a break, just pop in to the club and complete a joining form..!!

Note...Members guests can be signed in for a small fee

WHAT'S ON..??

Live Sport...Football, Rugby, Boxing, etc. shown 'live' on the big screen in the sports bar.

Live Entertainment...live music and entertainment provided weekly on Saturday evenings and some Friday evenings.

Snooker, Pool & Darts...full size snooker table, league standard pool table and darts board in the sports bar.

Plus...weekly Bingo with cash prizes, monthly charity quiz nights, Christmas & New Year events, summer barbeques, etc., etc.

Note...Entertainment will begin to be reintroduced as current COVID-19 rules are relaxed

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Telephone Befriending with Age UK Norfolk

"It's lovely when somebody says thank you for ringing me. I enjoy chatting to people; they have some great stories to tell." *Telephone befriender*



Telephone befrienders make a friendly weekly call to an older person in Norfolk who may be lonely or isolated. For some older people this will be the only person they speak to all week. Even if you have only half an hour a week you could support an older person by enjoying a joke, sharing an experience or completing the quiz we provide together. One older person said about their befriender "We get on so well even though I'm 91 and she is in her 20's. I make her laugh and she makes me laugh too. We talk about all sorts of things; houses, TV, gardens. I think she's lovely and I do look forward to our chats."

Telephone befriending enables Age UK Norfolk to support older people across the whole of Norfolk. We have found telephone befriending an effective way of building a relationship with an older person and so relieving loneliness and isolation. For the befriender it is flexible, can be carried out from home and at a time that suits befriender and older person. The cost of the call can be reclaimed. Volunteers will need email and access to a computer/tablet as the induction and a follow up a month later is carried out by Teams (similar to Zoom), this is free, straightforward and full instructions are provided. The telephone interview and induction take place during office hours.

Most of our telephone befrienders are women and we need more of them. We would welcome more men too. Please get in touch via: volunteering@ageuknorfolk.org.uk or www.ageuknorfolk.org.uk

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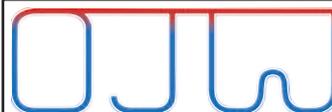
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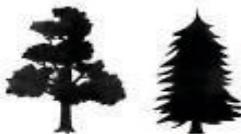
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Priest-in-Charge: Rev Riaz Mubarak 01553 841519 E-mail: rev.riaz.mubarak@gmail.com

Middleton St Mary's

Churchwarden: Vacant **PCC Secretary:** Vacant **Treasurer:** Mrs Christine Minister 840559

North Runcton All Saints

Churchwarden: Mary Angelina 841519 and Mr K Matthews 842265

PCC Secretary: Mrs Ann Matthews 842265 **Treasurer:** Mrs Maggie Challis 842540

East Winch All Saints

Churchwardens: Mr S Dale 630167 and Mrs W Smith

PCC Secretary: Mrs J Weavers 840510 **Treasurer:** Mrs W Smith 842281

PARISH COUNCILS

Middleton (www.middleton-news.co.uk)

Clerk: Elaine Oliver Tel: 630655 E-mail: middletonparishcouncil14@gmail.com

Councillors: Chair: Zach Wiles-Van Dyke; **Vice Chair:** Val Ward;

Mrs M Applegate; Mrs E Barclay; Mrs V Newton; Mr M Porter; Mrs C Rose; Mr J Tolley; Mr M Wiles.

The Council meets on the first Wednesday of the month (except August) in the Village Hall at 7pm.

North Runcton (<http://northrunctonpc.norfolkparishes.gov.uk>)

Clerk: Rachel Curtis Tel: 673043 E-mail: northrunctonparishclerk@outlook.com

Councillors: Chair: Mr R Morrish Tel: 840284; **Vice Chair:** Miss K Fuller;

Mr J Fuller; Mrs L Gunn; Mr B Houchen; Mr S Palmer; Mr L Stevens; Mrs K Williams; Mr P Yallop.

The Council meets on the second Tuesday of each month (except August) at 7.45 pm at the Village Meeting Place.

East Winch (www.eastwinchandwestbilney.co.uk/parish-council)

Clerk: Bob Pannell Tel: 775724 E-mail: bob.pannell1@btopenworld.com

Councillors: Chair: Mrs N Steele; Mr S Adkin; Mr A Bellehouse; Mr M Place; Mr N Velzeboer; Mr A Yarham

The Council meets every other month, normally on the first Monday of the month, at 7.30 pm in the Village Hall.

Borough Councillors: West Winch Ward: Simon Nash (01553 811200) & Peter Gidney (07885 258450). Gayton & Grimston Ward: Michael de Whalley (07770 273903) & Colin Manning (07885 258392)

County Councillor: Jim Moriarty (Email: jim.moriarty.cllr@norfolk.gov.uk)

MP: James Wild (Email: james.wild.mp@parliament.uk Tel: 0207 219 3000)

Other Contacts:

Badminton Club	James Williamson	01485 600946
British Legion	John Collier	01553 842566
Car Scheme	Colin Skipper	01553 842448
Carpet Bowls Club	Peter Wall	01553 840471
East Winch Village Hall	See East Winch & West Bilney Community Website	eastwinchvillagehall@gmail.com
Lunch Club	Olive Turpin	01553 840623
Middleton Village Hall	Pauline Petch	01553 842149
Mothers' Union	Gillian Boon	01553 840320
N Runcton Village Meeting Place	Rachel Curtis	01553 673043

Editor: Chris Hudson; E-mail: editorofparishnews@gmail.com or call 01553 849725.

Advertising Manager: David Gager; E-mail: parishnewsadverts@gmail.com or call 01553 278402.

Views expressed in the magazine are not necessarily those of the Editor.

The deadline for the next issue (August/September) is Friday, 16 July.